

ST PAUL'S WALDEN BURY CHARITY RUN & FAMILY DAY

Sunday 23rd
Sept 2018
11:30am



10K-5K-2K

Follow the link below to book your place online - [click here](#)

Gates open at 10am for an 11:30am start. Breakfast will be available.



In addition to a fantastic course, we will also be hosting a fabulous family day featuring:

- **Amazing food from Nick Male from The Loft - www.loftstalbans.com**
- **Children's entertainment**
- **Bouncy Castle**
- **Meet the Autism Angels' animals**
- **Post race massages by Haelen Therapy and lots more...**

Set in the Bury's grade 1 listed gardens, you are guaranteed to have a brilliant family day out. Well behaved dogs on leads welcome.

All funds raised will go towards Autism Angels - supporting families who are affected by Autism Spectrum Conditions. For more information go to www.autismangels.co.uk



Follow our countdown to race day on Facebook and Instagram.



To set up your own fundraising page, please go to:
www.justgiving.com



**AUTISM
ANGELS**